



# Anam Cara

*Accommodation and information*

## Anam Cara

Located in the leafy suburb of Bray Park, Anam Cara is an innovative and award-winning aged care community. Anam Cara is home to residents who live across six custom-designed houses interconnected by outdoor walkways that give the community an open, welcoming feeling. The six houses are all single storey with easy access to expansive outdoor gardens, where residents can entertain family and friends in the BBQ area and children's playground. Anam Cara is conveniently located close to many community amenities with a bus stop across the road and hotel and shopping centre nearby.

## Room features

All 119 rooms at Anam Cara are equipped with air conditioning, bed, cabling for phone, a built-in wardrobe and ensuite. The furniture, fittings and service connections give residents the flexibility to make the room their own and add homely touches throughout.

- 24/7 Registered Nurse on-site
- Allied Health
- Built in wardrobe
- Ensuite bathrooms
- Wi-Fi
- Flatscreen TV
- Workplace Coach
- Infection Control Specialist





## Anam Cara amenities

Anam Cara leisure and lifestyle staff are on-hand to create spontaneous, meaningful and exciting social and recreational events for residents to take part in. There are a variety of events on offer that may include movie nights, coach tours, scrabble games, sing-alongs and BBQs. Residents enjoy meals served from our buffet selection for breakfast, lunch and dinner, and are welcome to work alongside our staff to prepare and serve each meal.

On-site features include:

- hair salon
- outdoor entertaining area with BBQ
- private family retreat
- buffet-style dining and the ability to cater for specialised diets
- 24/7 self-serve coffee machine.

## Additional Services Package \$25 per day

Anam Cara Additional Services Package is designed to add vigour and enjoyment to resident's lives. These items include but are not limited to:

- selection of daily hot breakfast options
- all day dining
- extensive selection of lifestyle activities, eg. bus tours, high tea, concerts and access to on-site beauty services
- 24-hour Silver Memories
- Wi-Fi in all rooms and public areas for residents and guests
- flatscreen TV
- iPads available for Facetime and Skype.

Additional Services are designed to meet the desires of all residents regardless of mobility and are essential to preserving the culture and spirit at Anam Cara Aged Care Community.

## How we care

Wesley Mission Queensland's model of care is guided by our values of respect, empowerment and compassion, aligning with the Aged Care Act and national quality and safety commission standards. Our dedicated staff take a holistic approach when getting to know each resident to ensure care is tailored to their individual interests and abilities. Through activities and outings designed in partnership with our Leisure and Lifestyle teams, residents are provided with opportunities for fun and meaningful experiences that keep them connected and engaged.



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\*Some additional services may be impacted due to COVID-19 and outbreaks.

